



Exchange@sea Powered by Erasmus+



Sail Training

## HENDRIKA BARTELDS

Kiel (Germany) - Denmark - Kiel (Germany)

Info & booking:  
(click or scan)



18-27 July 2025

15-25: € 750,-

26-28 (at request): € 1000,-

On the Right Tack: Against Pollution. Sustainable Exchange@sea.

Step on board the stunning Hendrika Bartelds and embark on an international sailing adventure! Join the ship in Kiel, Germany, and enjoy the local waters before taking course for Denmark.

Discover seaside towns and out-of-the-way islands, exploring the waters of the Baltic Sea on a tall ship. Engage in coastal cleanups and plastic research of the sea with The Ocean Movement.

Get to know trainees from other countries, and share your own culture with them, supported by Windseeker mentors. Make lifetime memories while you sail on the right tack: against pollution!

For trainees aged 15-25 (26-28 at request) from: Denmark, France, Germany, Hungary, the Netherlands and Sweden.



TRAINEE ANASTASIJA (22), LATVIA:

*"CREW WAS VERY EXPERIENCED AND TAUGHT AS A LOT, AND THE MOST IMPORTANT - TO BE CURIOUS AND SEEK THE ANSWERS BY OURSELVES."*



## ABOUT THE JOURNEY

Join Hendrika Bartelds for an exploration of the Danish Islands on the Baltic Sea. Step on board in Kiel and get to know the ship and crew, learning safety protocols and running drills before setting sail. Join the other trainees in climbing the masts to unpack the square sails, and take a moment to admire the views! Not a fan of heights? Hoist the sails, steer the ship, and plot your course on navigation charts – there's never a dull moment!

Deploy the Manta Trawl to collect water samples, and analyse them with The Ocean Movement scientist, contributing to a global citizen science project. Land on islands and organise beach clean-ups, making sure to leave each place cleaner than you've found it. Learn about marine life and the ecosystem of the Baltic Sea. Join the workshop to make your own plastic-free cosmetics and share the best environmental practices from your country, while learning about the others'.

Get to know other young people from around Europe, living and sailing together with six nationalities. Help the cook prepare your national meal for everyone and try international dishes made by the others. Join fun activities prepared by the mentors on board, and engage the local public on land, showing off Hendrika Bartelds and your project. Spend the quiet night watches talking about the similarities and differences between your cultures, and leave the ship with new, international friends.



## LIFE ON BOARD

Wake up and smell the coffee. Step out on deck and breathe in the chilly morning breeze. Look out over the horizon, can you see the land yet? Or maybe a pod of dolphins have decided to pay a visit?

No day, no hour on board is the same. You relax, talk, joke and sing shanties one minute, only to be climbing the masts and pulling the lines in the next one.

Then everything calms down again. You go down to the galley to help with lunch. The Ship's heeling turns carrying a pot of soup into a true adventure. You all laugh while navigating this obstacle course.

Wind seems to be shifting. Time to trim the sails. Together, as a team. Apple in mouth, zipping up your jacket, you move forward. Pull the sheet just a bit tighter. The sails are perfect now and the Ship takes up some speed. What an exhilarating feeling!

Time for a hot shower and a well-deserved nap. You fall asleep lulled by the sound of waves hitting the hull. Your next watch starts at midnight. You can't wait to watch the starry sky with a cup of hot tea in your hands.

And tomorrow will be a completely new day. A new day, with new horizons. Jump on one of our Tall Ships for a unique sailing adventure!

## SPONSORSHIP AND COSTS

This journey is co-funded by the Erasmus+ Programme of the European Union. The subsidized youth price for this journey is € 750,- per trainee instead of the regular price of € 1000.

Traveling to-and-from the ports will be reimbursed by the Erasmus+ Program of the European Union. Reimbursement up to a certain amount, following the rules of the Erasmus+ Program.

Maximum possible reimbursement depends on the country of origin, distance, and mode of transport (there is a higher subsidy for green travel options). The reimbursement will take place several months after the journey, based on receipts and tickets.

The participants of this and other Erasmus+ journeys can join the [Dinghy](#) fundraising program for free (without the usual €75 fee.)

### EXCHANGE@SEA IN VIDEO:

[https://www.youtube.com/watch?v=D\\_o\\_xe-ORZ8](https://www.youtube.com/watch?v=D_o_xe-ORZ8)



## KEY POINTS

- Dates: 18 July 2025 - 27 July 2025
- Embarkation: 20:00 / Disembarkation: 10:00
- For Windseekers 15-25 years, age 26-28 at request
- Participating countries: Denmark, France, Germany, Hungary, the Netherlands and Sweden
- Windseekers joining: maximum 28
- No sailing experience required!
- Official language on board: English
- Price includes: accommodation and meals, excludes drinks at the bar
- Travel to-and-from the ports will be reimbursed under Erasmus+ regulations (rules apply)
- Windseekers need to have a health insurance and a travel insurance
- Need to take with you on board: sleeping bag and towels
- Participants might need to become members of their National Sail Training Associations (any additional fees for this are included in the journey price).



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